

Hike Description Stinging Fork

Stinging Fork Falls Trail: The trail starts at the gravel parking area on Shut-in Gap Road. This 3 mile round trip trail is rated moderate and leads the hiker through a managed pine plantation. The trail was built in 1969 and was the first on Bowater property.

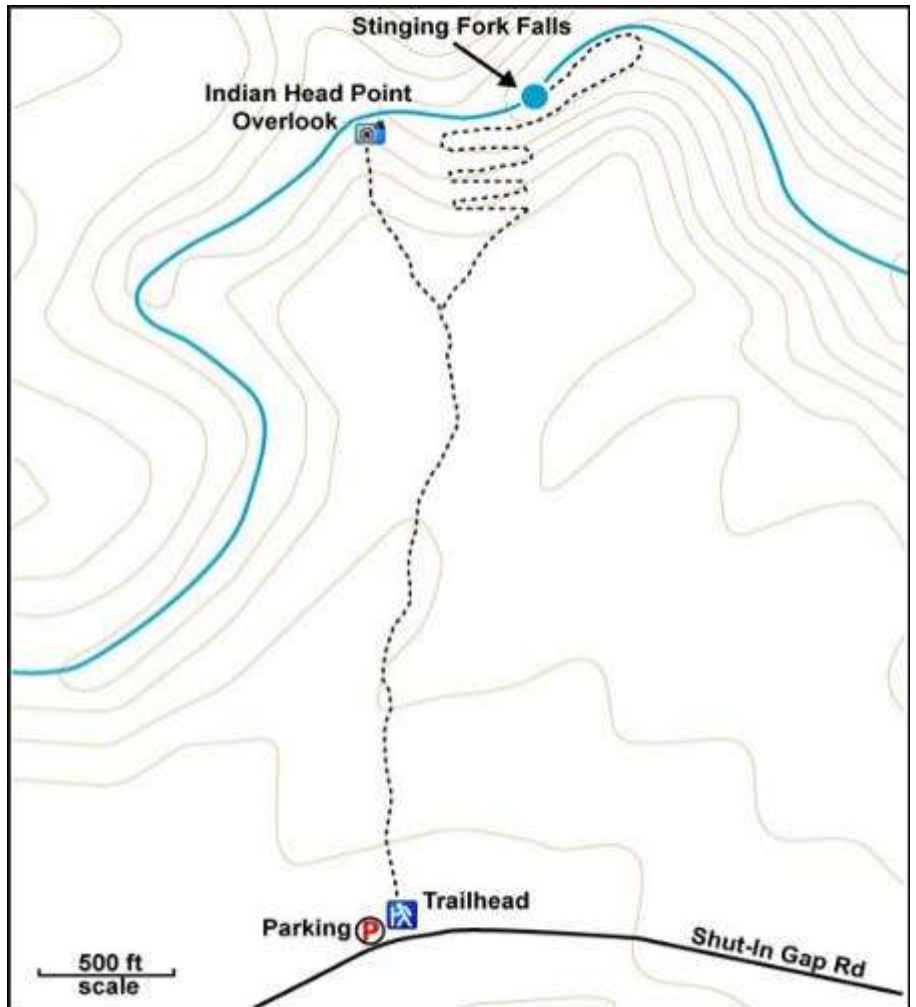
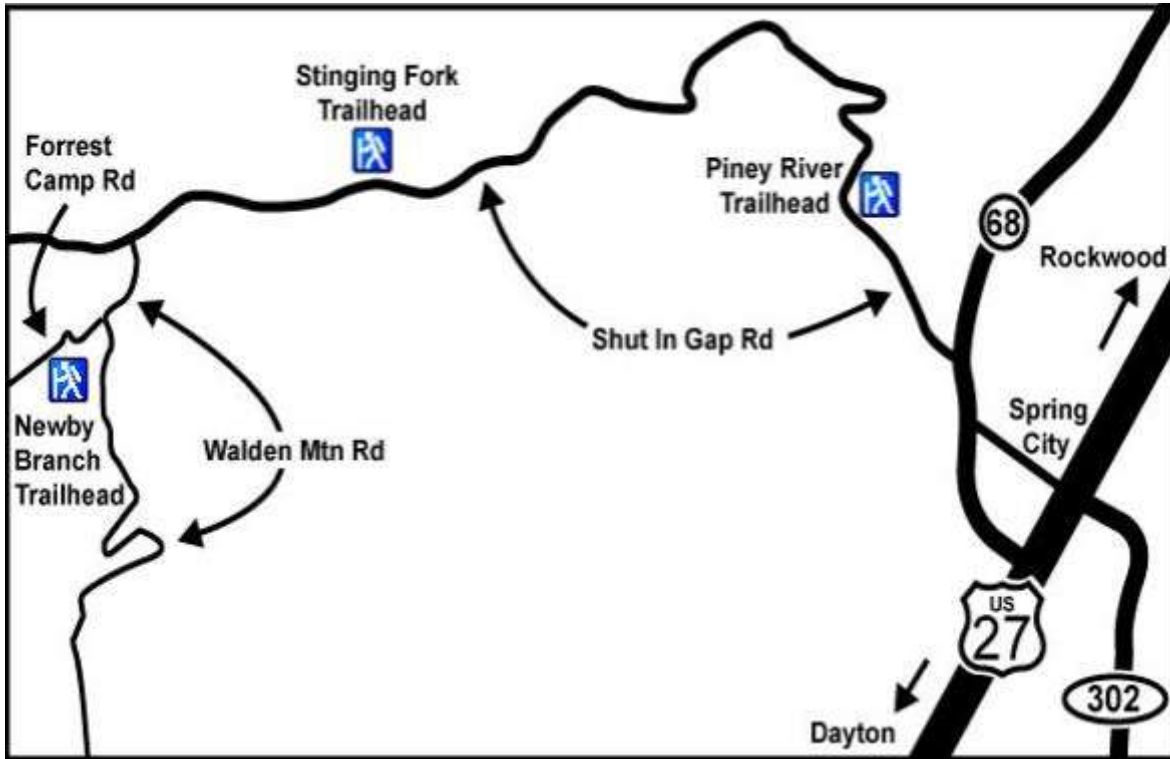
At one half (1/2) mile, a spur trail leads to Indian Head Point, which affords a scenic overlook of the rugged Stinging Fork Gorge. The length of the spur to Indian Head Point is one tenth (1/10) mile. After this intersection, the trail then continues and descends into the gorge and on up the creek. The trail ends at the plunge pool of the scenic 35-foot falls. The hiker must retrace his steps to return to the parking area.

To preserve this natural and scenic area, please practice Leave No Trace principles.

Camping and fires are prohibited in this area!

Directions to Trailheads

From Spring City take Hwy 68 north to Shut-in Gap Road, approximately 1-mile. Turn left on Shut-in gap road and go approximately 5-miles to the trailhead parking area.



GPS Readings For Important Points:	
Location	GPS Waypoint in WGS 84 format
Trailhead	N35 42.765 W84 55.689
Indian Head Point	N35 43.260 W84 55.733
Stinging Fork Falls	N35 43.283 W84 55.607